An internship is an opportunity to gain first-hand experience in an industry you may want to enter. It offers you the chance to "taste test" a prospective career and build valuable contacts. And it leads to positive career outcomes after graduation.

According to a study by National Association of Colleges and Employers (NACE), "participation in multiple internships in college helps students to secure employment or enter graduate school within six months of graduation."

Build your resume with professional experience, which employers want even for entry-level positions.

Learn how a workplace operates and how leadership is structured.

Gain professionalism by establishing critical skills like communication, teamwork, and decision making.

Develop your network – those connections will likely help you land a job after graduation. See what you like and don't like about a role or company. A takeaway from an