

When you have severe acute pain, from a fall or accident at work for example, your doctor may prescribe an opioid medication for short-term treatment until the injury resolves. Chronic pain, on the other hand, usually requires a different approach.

Chronic pain

Make a list of questions to ask your doctor

- f What are my options to treat my chronic pain?
- f What medications may help and what are the risks and benefits of each?
- f How long how often, and how much would I need to take?
- f Do I need to take them with food or at specific times?
- f Do they interact with any foods, other medicines, or alcohol?