KeyFindings and Recommendation NAHB/JSI/NCHBA Pilot Program

The Pilot Program confirmed that there is distress among North Carolina Home Builders Associationmembers and high stigma exists in construction for "mental health" as a.tBpitc membersdo havea will(h)\$6.4638a.6h70alh,c4(ld66u.glut)\$8.yaho)18.nd(ut)37 (ho)18.4 (o)18.a (ne)22(ho)2

- provide ongoing training on skills like emotional regulation, confeisolution, stress management, communicion, financial planning, goal setting, etc.
- 6. Peer Support and WeBeing Ambassadors: Informal and Formal Initiativesnroll peers, ombudspeople, and ambassadors to increase awareness of and contitions mental health and suicide preventionsources, improve positive coorker assistance, and normalize helpseeking and helpsiving behavior.

Downstream

- 7. Mental Health and Crisis Resources: Evaluate and Prometeovide highly trustworthy mental health services wellersed in stateof-the-art suicide risk assessment, management, and support and a range of evideintermed treatment options.
- 8. Mitigating Risk: Increase Lethal Means Safety, Engage in Harm Reduation, Understand Legal Issues When potential for suicide is high, remove ass to guns, pills, and other suicideneans. Address workplace legal concerns with issues like ADA, FMLA, privacy, liability, and others.

9.